

Primary Health Care / Health Care Integration Research Priorities – *CPHCE Forum*

About Sydney Local Health District:

- Located in the centre and inner west of Sydney with >640,000 local residents
- High housing density - major urban development projects - most boarding houses of any LHD - areas below national SEIFA average (former Canterbury LGA, Burwood LGA, Redfern/Waterloo)
- Rapid population growth (particularly older age) - 0.9% Aboriginal people - 43% LOTE at home - 8% low English proficiency
- Principal referral hospitals (RPA and Concord) - major metro hospital (Canterbury) - aged care and rehab specialist hospital (Balmain) - tertiary oral health facility (Sydney Dental Hospital)
- Network of >25 community-based health service sites ranging across child and family health, community nursing, oral health, mental health, aged care, chronic care, drug and alcohol, sexual health, Aboriginal health + significant proportion of in-home nursing care
- Complemented by population health programs



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Primary Health Care / Integration Research Landscape:

- History of significant research achievements and affiliation with wide range of local health and medical research institutes
- Advanced Health Research and Translation Centre - **Sydney Health Partners**
- Cooperative Alliance - **Sydney Research** - CESPAN one of a number of partners
- (draft) **SLHD Research Strategic Plan 2018-2022** emphasises:
 - continued collaboration with CESPAN and Sydney Metropolitan Aboriginal Health Partnership to support the development of primary care research
 - developing a strong integrated care research framework to support evidence-based decisions
 - evaluating inter-sectoral initiatives
- Research output – NSW Integrated Care Strategy SLHD ‘Innovator’ Programs – local and international interest
- Tier 2 Integrated Care and Research Executive Director leadership positions
- Health Equity Research Development Unit



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Key Activities:

- NSW Integrated Care Strategy 'Innovator' Programs (MOH funding contribution):
 - **Healthy Homes & Neighbourhoods** – long term care coordination and place-based programs for complex families being serviced by multiple agencies
 - **Living Well Living Longer** - program addressing physical health needs of people with severe mental illness, includes GP shared care; current pilot - tech solution to improve communication loop tertiary specialists to general practice
- **Health Pathways** – online management and referral guidelines
- Introduction of a **HealthOne in Green Square** – Health Impact Assessment completed by HERDU - model of care will include General Practice Academic Research Unit (academic partners - CESPHE, UNSW, USYD, Notre Dame)
- Planning also for a **HealthOne in Canterbury**
- New **RACF Outreach Team** - model of care being finalised
- Partnership with the **AMS Redfern** - various clinical services - paediatrics, cardiovascular, geriatrics, chronic care, endocrinology



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- **CESPHN-funded** projects - Aboriginal Chronic Care; Speech Pathology Early Referrals
- Various **inter-sectoral initiatives** - core partner agencies - CESPHN, AMS Redfern, FACS, DoE, various NGOs:
 - Inner West Child Health & Wellbeing Plan 2016-2021
 - Inner West Youth Health & Wellbeing Plan 2018-2023
 - Healthy Strong Communities - Service Delivery Reform initiative – stable housing for people with severe and enduring mental illness
- **Co-location** of services, eg - ‘RedLink’ (FACS-led) Redfern Housing Estate; Riverwood Community Centre; range of onsite clinical services at various schools



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Issues & Opportunities:

- Primary health care access - various cohorts
- Health inequalities amongst people with severe mental illness
- Addressing social isolation and related health outcomes
- Ageing in the urban environment
- Impact and access – NDIS
- Evaluation and scaling-up innovative models of integrated care
- Evaluation of inter-sectoral initiatives
- Improved access to screening/assessment – school outreach/brokerage programs

