How self-management support has failed in primary care and what can be done about it?

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The development of more collaborative patient-practitioner relationships is seen as key to supporting the self-management of long-term conditions.

The largest ever randomised controlled trial of an approach to improve the health outcomes of patients with long-term conditions through improving the self-management support they received from primary care showed no effect. This seminar will explore why self-management support did not become normal practice within General Practice through looking at the implementation of tools which were designed to capture the two aspects of self-management support – education (guidebooks for patients) and forming collaborative partnerships (a shared decision-making) and the wider context of the norms of behaviour change amongst primary health care professionals and the current incentives and working environment operating in primary care in the UK.

In formulating what needs to be done about self-management support in the future we will look at whether primary care has the capacity to engage with SMS and alternative strategies for self-directed support. Here we will draw on evidence from previous trials and analysis of the processes and presumptions of patient engagement and more recent work on the capacity of a social network approach to understanding access to SMS resources which available in domestic and community settings.

RSVP NOW!
Where: room 319, AGSM Building, UNSW
When: 12:30 PM, light lunch provided
RSVP: Sarah Ford, sarahf@unsw.edu.au
by 26th November. Seats are limited.