UNSW Centre for Primary Health Care and Equity Annual Forum Live Stream

13 October 2021 9:00am – 11:30 am

Theme: Co-design

**First session: 9:00–10:20am – Opening address & key speaker’s presentation**

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| 9.00 | **Opening address: Year in review**  By Prof Mark Harris, Exec Director, CPHCE |
| 9.10- | **‘If you want something new, you have to stop doing something old’ – the innovation challenge in the co-design of health services**  By A/Prof Victoria Palmer, Director, National Research Translation Centre to Implement Mental Health Care at Scale in Primary Care and Community Settings (ALIVE)  There will be 10 min for Questions |
| 10.10 | 10 minutes break |

**Second session: 10:20– 11:30am – Three presentations on Co design, panel member discussion & CPHCE Awards**

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| 10:20 | **Introduction**  By Dr Éidín Ní Shé, School of Population Health, UNSW | |
| 10:23 | **Lessons learned through co-design in primary care**  By Kathryn Thorburn, PhD candidate, CPHCE & Shifra Waks, Casual Researcher, CPHCE | |
| 10:33 | **Learning from a codesign exercise aimed at developing a navigation intervention in general practice setting**  By Sabuj Kanti Mistry, PhD candidate, CPHCE | |
| 10:43 | **Lessons learned through a co-design process to deliver a self-management intervention for people with multi-morbid Chronic Obstructive Pulmonary Disease in rural Nepal**  By Dr Uday Narayan Yadav, CPHCE | |
| 10.53 | **Questions** | |
| 10:58 | **Panel member discussion**  With Dr Anthony Brown, Executive Director, Health Consumers NSW; Shifra Waks, Casual Researcher, CPHCE, UNSW; Prof Rebecca Ivers, Head, School of Population Health, UNSW, and Dr Peri O’Shea, Lived Experience Researcher and UNSW | |
| 11:23 | | **Final remarks *and award announcements***  By Prof Mark Harris  **CPHCE Awards**   1. Organisational Partnership Award 2021    * + *Multicultural Health Communication Service, NSW Health* 2. Primary Care Award 2021    * + *Dr George Tang, Healthpac Medical Centre Hurstville* 3. Consumer Award 2021    * + *Catherine O’Donnell* 4. Individual Partnership Award 2021    * + *Dr Mitchell Smith* |

**Biography of key speaker A/Prof Victoria Palmer:**

Victoria Palmer is Associate Professor in the Department of General Practice at the Melbourne Medical School, University of Melbourne. She is the Inaugural Director of the ALIVE national research translation centre to implement mental health care at scale in the primary care and community settings. The national centre is funded by the NHMRC Special Initiative in Mental Health (2021-2026). Victoria first trained in applied ethics and the humanities graduating from her PhD in 2007 using narrative theory to examine cooperative practices. She worked in the community, domestic violence and disabilities sectors before this. Victoria has expertise in qualitative methods including creative arts, mixed-method design and analysis, participatory design and experience-based co-design for health systems improvement. She led the first trial of an adapted mental health experience co-design intervention in community mental health services (The CORE Study 2012-2017). She is CIA of a primary care focused trial to improve heart health with people who live with severe mental illnesses and leads a clinical trial validation of a software as medical device self-monitoring app CovidCareTM. In 2017 Victoria established the Co-Design Living Lab program, a model to embed the perspectives of people with lived experiences of mental illnesses in research design to translation.